

Inaugural Event:
March 4 at 9:00 AM

parkrun



JOIN THE PARKRUN MOVEMENT

WALK, JOG, RUN, VOLUNTEER

or simply come and watch - it's up to you!

FRIENDLY, ENJOYABLE 5K EVENTS

Every Saturday morning

FUN FOR ALL THE FAMILY

Strollers and dogs can take part

IMPROVE HEALTH & FITNESS

Be active in the open air

DEVELOP NEW SKILLS

Opportunities to volunteer

FREE & EASY TO TAKE PART

No need for special equipment or clothing

YOU DON'T HAVE TO RUN

Walkers are always welcome

BE PART OF A COMMUNITY

Make new friends & socialize

BUILD CONFIDENCE

Track progress & achieve goals

Register online at parkrun.us and head down to your local event:

Warren County Armco parkrun

Saturday mornings at 9am

ON-LINE SIGN UP STARTS FEBRUARY 10